

Cigna Dental Care® (DHMO)

FINDING A NETWORK DENTIST OR SPECIALIST* IS EASY



There are several ways to find a DHMO Network dentist:

Go to myCigna.com – the easiest way!

Once you're enrolled, you can search for a network dentist by name, specialty or location on www.myCigna.com (registration required). MyCigna automatically knows which Cigna dental plan and network you belong to. Your home zip code will be entered automatically, but you can change the zip if you are looking for a dentist in another area.

- After logging into myCigna.com, click on **"Find a Doctor or Service"** at the top of the page.
- Enter your search criteria and click **"Search"** OR
- Click on **"Dentist"** under the **"Find a Person"** heading and select a specialty dentist by category.

Go to the online directory on www.cigna.com

- Click on **"Find a Doctor"** in the orange box at the top of the page.
- Under **"Find a Person"** click on the word "Dentist" next to the picture.
- Under **"Find a Dentist"** click on the type of dentist, for example "General Dentist"
- Enter the Zip Code and click on **"Search"**.
- Click on the blue button on the left of the page **"Select a Plan."**
- Then select **"Cigna Dental Care (HMO)."**
- Click on **"Select."**
- **Select a dentist by name**
- Click on the blue letters below the dentist's name **"View all practice locations and DHMO Office IDs."**
- The DHMO Office Number will be shown as a six digit number next to **"DHMO Office Number"**

Call us at 1.800.Cigna24 (1.800.244.6224)

You can use the automated Dental Office Locator or speak to a customer service representative for help locating a Cigna network dentist or specialist. You can also request a customized directory based on the type of dentist you are looking for in your area.



* DHMO customers are required to receive referrals to receive care from all network specialists except for orthodontists and pediatric dentists (children under age 7). Therefore, results provided are only for General Dentists, orthodontists, and pediatric dentists. ** Out-of-network benefits are not available with the Cigna DHMO plan. The term "DHMO" is used to refer to product designs that may differ by state of residence of enrollee, including but not limited to, prepaid plans, managed care plans, and plans with open access features. "Cigna Dental" refers to the following operating subsidiaries of Cigna Corporation: Connecticut General Life Insurance Company, Cigna Life and Health Insurance Company and Cigna Dental Health, Inc., and its operating subsidiaries and affiliates. The Cigna Dental Care plan is provided by Cigna Dental Health Plan of Arizona, Inc., Cigna Dental Health of California, Inc., Cigna Dental Health of Colorado, Inc., Cigna Dental Health of Delaware, Inc., **Cigna Dental Health of Florida, Inc., a Prepaid Limited Health Services Organization licensed under Chapter 636, Florida Statutes**, Cigna Dental Health of Kansas, Inc. (Kansas and Nebraska), Cigna Dental Health of Kentucky, Inc., Cigna Dental Health of Maryland, Inc., Cigna Dental Health of Missouri, Inc., Cigna Dental Health of New Jersey, Inc., Cigna Dental Health of North Carolina, Inc., Cigna Dental Health of Ohio, Inc., Cigna Dental Health of Pennsylvania, Inc., Cigna Dental Health of Texas, Inc., and Cigna Dental Health of Virginia, Inc. In other states, the Cigna Dental Care plan is underwritten by Connecticut General Life Insurance Company or Cigna HealthCare of Connecticut, Inc. and administered by Cigna Dental Health, Inc.

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